

Aikido - Martial Art



aikido the non-violent art of self-defence-the " Art of Harmony". Learn "the way of harmony with nature" and cultivate your inner power through the unification of mind, body and spirit.



Date : Every Thursday

Time : 7.15pm – 9.15pm

Venue : SIA Group Sports Club

Fee : \$40 per month

**Enquiries & Registration Form, Please contact John Tee
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**Affiliated to
Aikido World Headquarters, Tokyo
International Aikido Federation
Asian Aikido Federation**